

Homework List - Autism Parent Course - Part 4

This homework comes from the online course: TAGteach for Autism with Martha Gabler. These instructions for completing the homework are accompanied by Homework Sheets that you can fill in.

Course Section 4-1 Finding Reinforcers

Here's a homework assignment to get started with figuring out your child's reinforcers. Look at 2 productive behaviors that your child performs, and write down what happens after each of those.

Look at 2 behaviors you would like to change, and note what happens after those.

What did you observe? What reinforcers, or consequences, did you observe after these behaviors? The reinforcers following the desired behaviors are things your child likes. The reinforcers following the undesired behaviors are also things your child likes, because he keeps doing that behavior! So you will have four reinforcers on your list just from this exercise!

On the Homework Sheet list as many things as you can think of that your child likes and that you could use to reinforce behavior

Course Section 4-2 First this Then that

Write down four "first, then" statements that you could use with your child to make sure that the activity the child likes better comes AFTER the activity he likes less.

Course Section 4-3 Reinforcement Checklist

Use the Reinforcement checklist to evaluate your reinforcers.

<http://tagteach.com/Resources/Documents/Reinforcement%20checklist.pdf>

Homework Sheet 4-1

Finding Reinforcers

Behaviors that my child does that are productive

Describe Behavior

Describe the Consequences

Behaviors that my child does that are disruptive

Describe Behavior

Describe the Consequences

Things my child likes

Homework Sheet 4-2

Using “First, Then” Language

First

Homework

Then

video game

First

Then

First

Then

First

Then

First

Then

First

Then

Homework Sheet 4-3

Reinforcement Checklist

If you are trying to increase a behavior that your child is showing, but the behavior is not increasing, the reinforcement you are using is not adequate.

Use this checklist to find ways to improve your reinforcement.

- ☐ Is the reinforcer valuable to child?
- ☐ Is the reinforcer new/interesting to child?
- ☐ Does the child have a choice of reinforcers? (Create a picture menu)
- ☐ Is it time to look for other reinforcers?
- ☐ Is it time to look for different types of reinforcers (primary, social, general, activity)
- ☐ What is the child interested in lately?
- ☐ Am I tagging on time? (during the desired action)
- ☐ Am I reinforcing on time? (within 1-2 seconds of tag)
- ☐ Am I using an effective reinforcement schedule? (constant reinforcement for building behaviors, variable reinforcement for maintaining behaviors)
- ☐ Am I giving reinforcement for behaviors I don't want?
- ☐ Is the child getting valuable reinforcers for "nothing"? (Untrammelled access to TV, computer, screens)